

macheo



November 2022  
School Feeding  
Peter Smaal foundation



# School feeding

Report for Peter Smaal foundation

## Introduction

The school feeding program plays a crucial role in enabling children to reach their full potential, both for their personal growth and for the benefit of their communities. The program incentivizes families to send their children to school by promoting higher attendance rates and reducing dropout rates. Furthermore, the food provided in schools improves students' energy levels, enabling them to focus better in class and perform well in their assignments.

## Activities & challenges

The schools closed on November 25<sup>th</sup>, meaning we had 19 days of school feeding in the month of November 2022

Class 6 and 8 were sitting for their exams and having school feeding during this period is extremely useful for them as they can focus well and not worry about being hungry. During this period we also aim to make the school feeding a bit better than normal, having rice in the menu.

The class 8 candidates were closing their primary education and moving to junior secondary, the class 6 candidates were also moving to junior secondary. The government in Kenya changed the education system in 2022 and exactly this group of students was the first ones, and therefore much affected.

However, the prolonged drought in the country increased food prices, making purchasing the required food commodities more expensive. This goes for Macheo, but also for all the families at home. Thus in these expensive periods the school feeding becomes even more important.





## One example of the people we help through your support!

Quinta, a 56-year-old grandmother residing in Kiandutu slums, Thika, is taking care of her three grandchildren, Saul (7), Eric(5), and Aida (10). All of her children are adults except for her youngest child, who is 15. Quinta's daughter, who was an alcoholic, disappeared about two years ago, leaving her to care for the children.

Macheo was referred to this family by the school, noting that the children were frequently absent. During our home assessment, we discovered that Quinta struggled to provide for the children. She used to do casual jobs, such as washing clothes but faced limited opportunities due to competition from others in the area. One of the children, Saul, had a broken hand, but the family could not afford to take him to the hospital. The lack of sufficient food in the household caused the children to miss school and beg for food or money on the streets, which was very stressful for Quinta.



With the help of Macheo's interventions, Saul was taken to the hospital for treatment, and the family received counseling. They were also enrolled in the school feeding program, and school uniforms were provided. We kept in close contact with the family and discovered that Quinta had business skills but lacked the capital to start a business since she prioritized food and rent. We empowered her to start a small hotel in Thika town, where she sells food items to passengers around the main stage.

During a recent follow-up visit, we found that the children are now regularly attending school and are no longer begging on the streets. They appear happier and more optimistic about their future. The grandmother can now provide for their basic needs from the profits she is earning from her business.







# The impact Macheo created

In the month of November 2022 we served breakfast and lunch for a total of 19 days.

Breakfast was served 157,647 times (a nutritious porridge) and was served for free. A total of 93,179 school lunches were prepared and served.

1374 children out of the 4312 children taking lunch were identified as being the “most vulnerable children” their parents are exempted from the parents’ contribution.

From several meetings with the headmasters, teachers and even the local Member of Parliament it was evident that the school feeding program is highly appreciated and that everyone would wish Macheo to further extend the program.

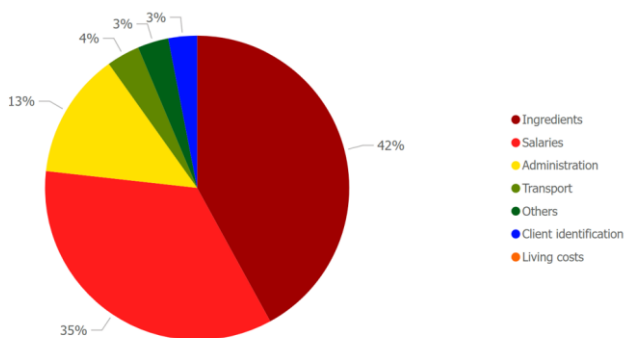
# Financial report on school feeding

## Financials about the whole intervention

We aim to maximize impact with available funds, and because of that we work with unit costs. In this intervention that means the average amount spent per client who needs help for medical issues.

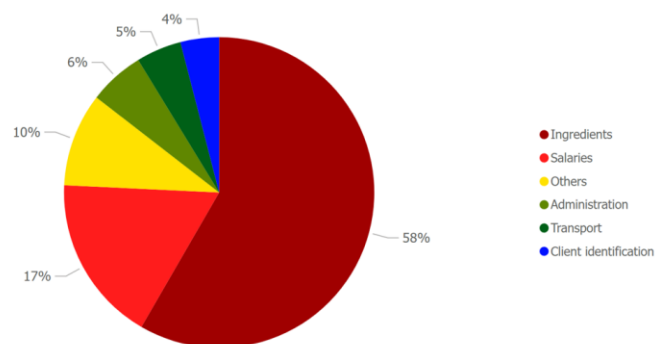
Cost per breakfast

Actual cost YTD (Ksh)



Cost per lunch

Actual cost YTD (Ksh)



Macheo has spent a total of Kenyan Shilling 25,410,856 on providing breakfast and lunch to the vulnerable children in the schools. Of this 2,737,899 was contributed by the parents. It is costing 4 Ksh and 26 Ksh to provide a hot nutritious lunch for a child in school.

With the current (high) exchange rate this is only €0.03 for breakfast and €0.18 for lunch!



## Your specific contribution

The donation of € 1,960 from Peter Smaal foundation was received on 5<sup>th</sup> November 2022 on the account of stichting Macheo Nederland and was exchanged in Kenya in the same month. We managed to get a good exchange rate of almost 131 Ksh per euro. Thus your donation became Ksh 256,720

This means that your donation has provided 10,269 breakfasts and 8,294 lunches in the month of November. **Peter Smaal foundation has provided 540 children with breakfast and 437 children with lunch in the month of November 2022!**

## Contact details

We have tried to be as comprehensive as possible, if you nevertheless have any questions about this report, or about Macheo's work in general, please reach out to us.

You can always reach Macheo via e-mail ([marnix@macheo.org](mailto:marnix@macheo.org)) or via phone/WhatsApp (+254723580717).

## Thank you!

Through your support, learners have been fully retained in school and improved in their performance. Thank you for being so supportive.

Thank you very much!

